

Eyelash Extensions Care Sheet

How often should I get fills?

We recommend getting a fill every 2 to 3 weeks. If you wait too long, your eyelash extensions will fall out and you will require a new set. Your natural eyelashes fall off every 45-60 days due to the natural growth cycle and are naturally replaced with the growth of a new eyelash. Other factors such as exposure to steam, touching your eyes and sleeping on one side or on your stomach may cause the extensions to fall sooner. A fill is needed to fill in any lashes that fallen.

Can I apply mascara to eyelash extensions?

No mascara please! (including on bottom lashes as it transfers to the top lashes every time you blink). Applying mascara could reduce the lifespan of eyelash extensions. The action of pulling a mascara brush through the eyelash extensions, followed by rubbing to remove the mascara at the end of the day, can weaken the adhesive bond between the extension and natural eyelash.

Can I wear eyeliner?

Yes, you can as long as they are oil free products. The best eyeliner for eyelash extensions is dark eye shadow as powder products do not disrupt the adhesive. By using a slant brush you can take it right down the base line of your lashes.

Can I swim, shower, exercise while wearing eyelash extensions?

Yes. The adhesive is waterproof and allows you to shower, swim and exercise. But please do not wet your eye area for 24 hours after the application.

I had eyelash extensions applied a few days ago and lashes are falling out one side. Why?

It's usually because you sleep on one side more than the other and it squishes or rubs the lashes on that side. Please try to sleep on your back or wear a sleep mask designed specifically for eyelash extensions wearers.

Guarantee

If you lose 50% or more of your eyelash extensions within 48 hours of application, you will receive a **one-time** complementary touch up. Please contact me immediately if this occurs as re-do appointments must be made within one week.

I am scared to clean my lashes. I don't want them to fall out!

The FACT is oil from your skin, makeup, dust and dirt build up on your lashes and will cause loss if not properly washed off. Even more importantly, eyelash extensions increase the surface area available for bacteria build up around your eyes and not washing can lead to irritation or infection so please your eyes clean. We sell gentle foaming cleansers for \$20.

Follow these steps for easy cleaning:

1. Apply the foam cleanser onto your lashes and eyelids.
2. Gently massage your lashes, moving your finger tips from base to tips of the lashes.
3. Rinse thoroughly with warm water in the same way as you applied the foam cleanser.
4. Dry your face, but be careful not to pat down your eyes with a towel or cotton pads.

How do I take care of my new Eyelash Extensions?

- Be gentle with your new eyelash extensions. For the first 24 hours, do NOT get them wet, do NOT touch them and do NOT rub them.
- Avoid working out, hot yoga, steam room and saunas within the next 48 hours. Avoid extreme heat.
- When showering, avoid facing the shower head directly on your lashes.
- After you shower, you can gently dry and shape your lashes using your hair dryer on the lowest and cold setting. Hold the dryer at least 20cm/8inches below your face and gently coax the lashes with your index finger in an upward motion until they are dry.
- Do not use oil-based products (no oil based eye makeup, makeup remover, moisturizers, cleansers and sunscreen) on near your lashes. Oil based products will dissolve the adhesive, dramatically reducing the longevity of your eyelash extensions. Be oil-free!
- Do not use a mechanical eyelash curler.
- Do not pull on your lashes. This may cause your natural lashes to come out prematurely.
- Sleep on your back to avoid crushing your eyelash extensions in the pillow. If you are side or stomach sleeper, you can use a silk or satin pillow case. You can also buy a sleep mask designed for eyelash extensions wearers.
- Be sure to inform massage therapist and esthetician know you are wearing eyelash extensions. Do not allow them to use cream or oil-based products over your eyelash extensions. Ask them to use LINT FREE eye pads over your eyes when they are performing steam and/or facial massage services.
- Use an eyelash growth serum such as EyEnvy and Rapid Lash to help your natural lashes grow thicker and longer.